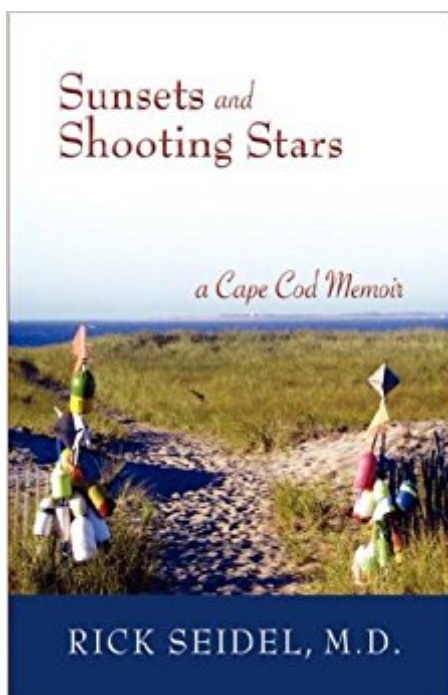


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# Sunsets And Shooting Stars: A Cape Cod Memoir



## Synopsis

The natural beauty and character of Cape Cod sets the scene for this collection of humorous and touching stories from East Texas Gastroenterologist Rick Seidel's thirty-five summers spent on the Outer Cape. Fishing feats, boating fiascos, and sibling squabbles pepper these lively anecdotes, and, although centered in New England, Seidel's delightful vacation memories-good, bad, and ugly-will touch the soul of anyone who has spent summer vacations with family, particularly those who understand the strong bond between father and son. We all understand the experience of eating ice cream, it's just the flavors that change.

## Book Information

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## Customer Reviews

This book is fantastic! It is a must read for all ages. It combines fond memories from childhood to present and takes family vacations that we all have experienced and puts those hilarious moments on paper for all to enjoy. I couldn't put it down until I was finished. In addition, this book describes the natural beauty of Cape Cod.

Great Book!

Family vacations can be fun times to remember, especially when the distance of years softens even the most stressful calamities from the past. This book documents the Cape Cod adventures of a Pennsylvania-based family over the course of the last thirty-five years. Author Rick Seidel is quick to

remind us that he's grown up to be a doctor, not a writer. But his passions for both his family and for that special sandy Massachusetts peninsula come through loud and clear with his well-chosen words. For four generations of Seidels, the annual one-week summer destination has been the town of Truro, just south of Provincetown. The men launch their boats into Cape Cod Bay from Pamet Harbor and settle in for some fishing. The women spend time sunbathing and going shopping / people-watching in Provincetown. The kids go one way or the other, or find their own interests to pursue. And so, Rick's stories include details of fishing, boating, and other beach-oriented activities, like the best method for ordering lobster. It's the history of one extended middle-class family; and yet, these are vignettes we can certainly all relate to. The volume concludes with 26 pages of b&w family photos that give us a chance to see in person the main characters who appear in the rest of the book. "Sunsets and Shooting Stars" is a fun and quick read that should appeal to Baby Boomers, fellow Cape Cod vacationers, and anyone who loves the beach. It's the kind of memoir that makes you want to write your own.

This is a great book! I am the author's daughter and I think everyone should read it! It doesn't matter how old or young you are. This book is thrilling and humorous all at the same time! I recommend Sunsets and Shooting Stars to everyone who likes a little laugh and some adventure. I would read this book one-hundred more times because it never gets old!!!! I love you daddy!!! Madisen Seidel

I really enjoyed reading this interesting memoir from the childhood and early life of the author. The book initially came to my attention because the author has the same first and last name as I do, but because the title suggested fun stories and events from a part of the country I've never visited, I decided it was a must read. I was not disappointed! Really quite enjoyable.

Great book! The author states he's not a writer but I beg to differ. He captured my attention from the get go. Reading this book reminded me of childhood vacations with my family (especially siblings). I laughed out loud throughout the book. Before reading this book I had no particular interest in vacationing at the Cape but now it is at the top of my list.

There was a smile on my face the entire time I was reading. I do not know what I enjoyed more, the authors detailed chronicle of the profound love for his childhood vacation spot or for his family. I can not wait until there are enough memories saved up for part two!

Delightful! This book would make a good family movie with Graig T. Nelson playing "Captain" Dad!!'m sure I will never get to see Cape Cod; however, after reading Rick's book, I feel I have been there. Thanks Rick!"Aunt Marge" Robicheaux

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